



# THE YOGA SCHOOL NY

## 200-Hour Teacher Training Course Application

### Application Requirements:

1. Complete and submit application and essays (see below)
2. Schedule interview by contacting director Guta Hedewig at [theyogaschoolny@gmail.com](mailto:theyogaschoolny@gmail.com)
3. Remit \$500 deposit (non-refundable - this is part your tuition and will be deducted from the rest of your tuition payment).

**Application, essays and deposit should be submitted to Guta Hedewig at [theyogaschoolny@gmail.com](mailto:theyogaschoolny@gmail.com) - Guta Hedewig, 105 Duane Street #12F, NY NY 10007**

Name:

Phone:

Address:

Email:

City/State:

DOB:

Zip Code:

Occupation:

**What is your yoga background (Asana, Pranayama, Meditation, Chanting, etc.) Please list teachers, schools, and length of study:**

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**What is your educational background?**

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**Do you have any illnesses or injuries? Are you on any medications?**

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**Emergency Contact Information:**

Name:

Address:

Phone:

Email:

**Teacher Training Application Essays:**

Please prepare thoroughly each of the following essays (about half a page per essay)

1. What does yoga mean to you?
2. Write a brief history of you and yoga.
3. What do you hope to accomplish with this course?
4. What do you plan to do with this training, once you are finished.