



THE YOGA SCHOOL NY

200-Hour Teacher Training Course Application

Application Requirements:

1. Complete and submit Application and Essays (see below)
2. Schedule interview by contacting Director Guta Hedewig at theyogaschoolny@gmail.com
3. Remit \$500 deposit (non-refundable - this is part your tuition and will be deducted from the rest of your tuition payment).

Application, Essays and Fee should be submitted to Director Guta Hedewig at theyogaschoolny@gmail.com - Guta Hedewig, 105 Duane Street #12F, NY NY 10007

Name:

Age:

Address:

Email:

City/State:

Zip Code:

Home Telephone:

Mobile:

Occupation:

What is your yoga background (Asana, Pranayama, Meditation, Chanting etc.) Please list teachers, schools, and length of study:

What is your educational background?

Do you have any illnesses or injuries? Are you on any medications?

Emergency Contact Information:

Name:

Address:

Telephone/Cell Phone:

Email:

Teacher Training Application Essays:

Please prepare thoroughly each of the following essays (about half a page per essay)

- 1. What does yoga mean to you?**
- 2. Write a brief history of you and yoga.**
- 3. What do you hope to accomplish with this course?**
- 4. What do you plan to do with this training, once you are finished.**